The Wiley Handbook of Art Therapy

A collection of original, internationally diverse essays that provides unsurpassed breadth and depth of coverage of the subject.

Table of Contents

Editor’s xiv
Contributing Authors xvi
Acknowledgments xxxi
An Introduction 1
David E. Gussak and Marcia L. Rosal

Part I Historical and Theoretical Frameworks 5
1 History of Art Therapy 7 - Maxine Borowsky Junge
2 Psychoanalytic Study of Artists and Their Art: Its Relevance for Art Therapists 17 - Laurie Wilson
3 Psychoanalytic Art Therapy 26 - Judith A. Rubin
4 Archetypal Art Therapy 37 - Josie Abbenante and Linney Wix
5 Gestalt Art Therapy: A Path to Consciousness Expansion 47 - Selma Ciornai
6 Expressive Therapies Continuum 57 - Vija B. Lusebrink
7 Cognitive behavioral Art Therapy Revisited 68 - Marcia L. Rosal
8 Art Therapy: A Brain based Profession 77 - Juliet L. King
9 Positive Art Therapy 90 - Patricia D. Isis
10 Essence, Art, and Therapy: A Transpersonal View 99 - Michael A. Franklin
11 Open Studio Approach to Art Therapy 112 - Catherine Hyland Moon
12 An Eclectic Approach to Art Therapy—Revisited 122 - Harriet Wadeson

Part II Understanding Art Media in Therapy 133
13 Media Considerations in Art Therapy: Directions for Future Research 135 - Lisa D. Hinz
14 2D Expression is Intrinsic 146 - Sheila Lorenzo de la Peña
15 Constructing the Self: Three Dimensional Form 154 - Lariza B. Fenner
16 Collage as an Expressive Medium in Art Therapy 163 - Jessica Woolhiser Stallings
17 Printmaking: Reflective and Receptive Impressions in the Therapeutic Process 171 - Michelle L. Dean
18 Photography as Therapy: Through Academic and Clinical Explorations 180 - Ellen G. Horovitz
19 Art Therapy and Digital Media 188 - Penny Orr

Part III Developmental Spectrum and Therapeutic Considerations 199
20 The Developmental Journey 201 - Doris Arrington
21 Getting the Picture: Family Art Therapy 210 - Janice Hoshino
22 A Treatment Model for Marital Art Therapy: Combining Gottman’s Sound Relationship House Theory with Art Therapy Techniques 221 - Dina L. Rico
23 Rethinking & Reframing Group Art Therapy: Amalgamation of British & US Models - Marcia L. Rosal
24 Art Therapy with Children 242 - Tracy Councill –
25 Art Therapy with Adolescents 252 - Debra Linesch
26 Adult Art Therapy: Four Decades, Ages 20–60 Years 262 - Deborah A. Good
27 Art Therapy with Older Adults: A Focus on Cognition and Expressivity 272 - Amanda Alders Pike
28 Art Therapy and Thanatology: A Unified Approach 282 - Katy Barrington
Part IV Art Therapy with Various Populations 293
29 “Special Needs” Federal Mandates and Opportunities for Art Therapy 295 - Frances E. Anderson
30 Art Therapy on the Autism Spectrum: Engaging the Mind, Brain, and Senses 306 - Jane Ferris Richardson
31 Art Therapy and Developmental Disabilities 317 - Kevin Bailey
32 Aggression and Art Therapy: A Social Interactionist Perspective 329 - David E. Gussak
33 Perspectives of Recovery/Reversing the Stigma: Art Therapy and Severe Mental Illness 337 - Mary Ellen McAlevey
34 On Considering the Role of Art Therapy in Treating Depression 350 - Stephanie Wise
35 Art Therapy and Substance Abuse 361 - Libby Schmanke
36 Art Therapy with Trauma 375 - Paula Howie
37 Art Therapy and Eating Disorders 387 - Margaret Hunter
38 Art Therapy, Homelessness, and Poverty 397 - Holly Feen Calligan
39 Dimensions of Art Therapy in Medical Illness 409 - Susan Ainalay Anand
40 A Complicated Life: Intermodality within Dissociative Identity Disorder 421 - Laurel Thompson

Part V Practicing Art Therapy in Interdisciplinary Settings 433
41 School Art Therapy 435 - Craig A. Siegel
42 Art Therapy in Medical Settings 443 - Irene Rosner David
43 Art Therapy in Rehabilitation Centers 451 - Cynthia Cox
44 Addiction and Art Therapy: Interdisciplinary Considerations 460 - Richard Carolan
45 Forensic Art Therapy: Epistemological & Ontological Underpinnings 469 - Marcia Sue Cohen Liebman
46 Art Therapy in the Prison Milieu 478 - David E. Gussak
47 Bringing Art Therapy into Museums 487 - Carolyn Brown Treadon

Part VI Art Therapy Assessments 499
48 Art Therapy Assessments: An Overview 501 - Donna Betts
49 Assessing Attachment with the Bird’s Nest Drawing (BND) 514 - Donna H. Kaiser
50 Family Art Assessment 524 - Paige Asawa and Meirav Haber
51 Levick Emotional & Cognitive Art Therapy Assessment (LECATA) 534 - Myra F. Levick & Craig A. Siegel
52 Silver Drawing Test/The Draw A Story (SDT/DAS): Assessment Procedures 550 - Cheryl Earwood and Melinda Fedorko
53 The Diagnostic Drawing Series (DDS) at Thirty: Art Therapy Assessment and Research 558 - Barry M. Cohen and Anne Mills
54 The Formal Elements Art Therapy Scale (FEATS) 569 - Linda Ganttt
55 The Face Stimulus Assessment (FSA) 579 - Donald C. Mattson and Donna Betts
56 Assessments and Computer Technology 587 - Seong in Kim
57 The Need for Norms in Formal Art Therapy Assessment 600 - Sarah P. Deaver

Part VII Research Models in Art Therapy 607
58 An Overview of Historical and Contemporary Perspectives in Art Therapy Research in America 609 - Megan Robb
59 A Case for Case Studies: More than Telling a Story 617 - David E. Gussak
60 Social Action Research Methods and Art Therapy 626 - Jordan S. Potash and Debra Kalmanowitz
61 Quantitative Investigations: Alternative Choices 636 - Deborah Elkis Abuhoff
62 Experimental and Control Group Research Designs 644 - Patricia St John
63 Mixed Methods Research and Art Therapy 654 - Nancy Gerber
64 Arts based Research: The Basics for Art Therapists 663 - Donna H. Kaiser and Lisa Kay
Part VIII Art Therapy Around the World 673
65 International Art Therapy 675 - Gaelynn P. Wolf Bordonaro
66 Art Therapy in Great Britain 683 - Jill Westwood
67 Art Therapy in Canada: A Place based Métissage 691 - Janis Timm Bottos
68 Art Therapy in Europe 701 - Maria d’Elia
69 Art Therapy “Down Under”: Perspectives on the Profession from Australia and New Zealand 710 - Annette M. Coulter
70 Cultural Context and the Practice of Art Therapy in Asia 718 - Elizabeth Coss with John Wong
71 Art Therapy in Israel: Current Status and Future Directions of the Profession 727 - Dafna Regev and Rachel Lev Wiesel
72 A Portrait of a Nation: Culturally Sensitive Art Therapy in the Arab World 735 - Amar Abdulla Behbehani
73 Various Aspects of Art Therapy in Mexico/Algunos Aspectos de la Terapia de Arte en México 745 - Debra Linesch, Einat Metzl, and Ana Laura Treviño
74 Latin American Art Therapy: Collective Dreams and Horizons of Hope 753 - Selma Ciornai and Maria Cristina Ruiz
75 Art Therapy in the Caribbean 765 - Lesli Ann M. Belnavis and Sarah A. Soo Hon

Part IX Current and Contemporary Issues in Art Therapy 775
76 Identity of the Art Therapist 777 - Joan Phillips
77 Social Action Art Therapy 787 - Frances F. Kaplan
78 Art Therapy Education: A Creative Dialectic Intersubjective Approach 794 - Nancy Gerber
80 Ethics in Art Therapy 814 - Mercedes Ballbèter Maat and Maria Espinola
81 Art Therapy and Multiculturalism 822 - Charlotte Boston
82 Community Based Disability Studios: Being and Becoming 829 - Randy M. Vick
83 Creating Alternative Public Spaces: Community based Art Practice, Critical Consciousness, and Social Justice 840 - Savneet Talwar
84 Looking Forward—Thoughts on the Future of Art Therapy—A Personal Perspective 848 - Terry Towne

Index 856